

ENTRY FEE

(Please tick (✓) the appropriate categories and fees)

LATE ENTRY FEE: Entries received after 8th September 2010 will be subject to an additional R30 fee for the 90km Event only.

CYCLE TOUR EVENTS

If you do not have a CSA License you will be required to purchase a Day License at R35. This only applies to the 90km Event.

CSA LICENSE NUMBER:

CLUB:

CATEGORY 90km CYCLE TOUR

U16	<input type="checkbox"/>
Junior	<input type="checkbox"/>
U23	<input type="checkbox"/>
Elite	<input type="checkbox"/>
Vets 30 - 39	<input type="checkbox"/>
Vets 40 - 49	<input type="checkbox"/>
Masters	<input type="checkbox"/>
Grand Masters	<input type="checkbox"/>
Open Seeded	<input type="checkbox"/>
Tandem	<input type="checkbox"/>

CATEGORY 30km SCHOOLS & FAMILY CHALLENGE

U14	<input type="checkbox"/>
U12	<input type="checkbox"/>
U10	<input type="checkbox"/>
Open Seeded	<input type="checkbox"/>
Tandem	<input type="checkbox"/>

CATEGORY

10km Fun Challenge	<input type="checkbox"/>
5km Fun Challenge	<input type="checkbox"/>
1km Kiddies Dash	<input type="checkbox"/>

ENTRY FEE

90km Cycle Tour	R120
Day License	R 35

30km Schools & Family Challenge	R 80
10km Fun Challenge	R 20
5km Fun Challenge	R 20
1km Kiddies Dash	R 20

90km Tandem Entry	R200
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30km Tandem Entry	R140
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FINAL TOTAL FOR THIS ENTRY FORM

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By signing this entry form, I acknowledge that I have read and understand the rules and information. I also agree to abide by the rules and regulations set out by the EPCA and the SADF. Participants take part in the Makro Defy Cycle Tour entirely at their own risk and hereby agree that they and their dependants shall not have, or institute any claims whatsoever against the organising body, any individual or official, marshal, helper, sponsors in respect or loss or damage whatsoever which participants suffer arising from death or injury to their person or loss of property. Persons signing this entry form as guardian hereby consent to such minor being bound by the foregoing waiver.

SIGNATURE DATE

SIGNATURE OF PARENT
(IF UNDER 18)

A & S Printers 041-585 7116

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DEFY

You can rely on Defy. To simplify.

2010 CYCLE TOUR & FAMILY FUN RIDES

In Association with **DIE BURGER**

90km 30km 10km 5km

1km Tricycle Adventure

SAT 11 SEPTEMBER 2010
STARTING TIME 07:00 BEGINTYD
LAERSKOOL LORRAINE PRIMARY
PORT ELIZABETH



Race Details on www.leisurecycletours.com

Prize Money, Lucky Draws & Medals



HUGE
LUCKY DRAWS
AFRICAN SILKS
DUVET
GIANT BIKE

GIANT

AFRICA
SILKS

ACTION
CYCLES



Hosted by: Laerskool Lorraine Primary

RACE INFORMATION

FRIDAY, 10TH SEPTEMBER 2010

RACE REGISTRATION

Venue: Lorraine Primary School Pavilion,
Meuse Avenue, Lorraine,
Port Elizabeth

Time: 16H00 - 19H00

SATURDAY, 11TH SEPTEMBER 2010

CYCLE TOUR EVENTS

Start Venue:

Lorraine Primary School Pavilion,
Meuse Avenue, Lorraine, Port Elizabeth

Start Times:

07H00 90km Cycle Tour
07H25 30km Schools &
Family Fun Challenge
07H35 10km Fun Challenge
07H40 5km Fun Challenge
07H45 1km Kiddies Dash

PRIZE GIVING

Venue: Lorraine Primary School Pavilion,
Meuse Avenue, Lorraine,
Port Elizabeth

Time: 10H00 - 10km, 5km & 1km Events
12H00 - 90km & 30km Events

EVENT ENQUIRIES

General Enquiries:

Tel: 041 367 1115
Fax: 041 368 1812
Email: ja.lorraineschool@absamail.co.za

Event Co-ordinator: Alex Cooper

Cell: 073 152 2125
Fax: 041 368 1812

Race Director: Shane Bradfield

Cell: 074 114 4811
Fax: 086 649 8485
Email: events@leisurecycletours.com

BANKING DETAILS

Bank: ABSA
Account Name: Lorraine Primary School
Account Number: 1400 490 224
Branch Code: 632005
Ref: Cycle Tour

Please attach proof of payment to your Entry Form and fax back to 041 368 1812 or deposit in Entry Boxes at Cycle Shops in Port Elizabeth and Uitenhage.

Race Details available on
www.leisurecycletours.com /
www.lorraineschool.co.za

Please Note: No Helmet - No Ride

ENTRY FORM

PERSONAL INFORMATION

Surname:

First Name/s:

ID/Passport No.:

Date of Birth: Gender: M F

Postal Address:

Town:

Province:

Country: Postal Code:

Email Address:

Cell:

Tel (H): Code ()

MEDICAL

Medical Aid Name:

Medical Aid No.:

Emergency Contact Person:

Tel: Allergies:

SCHOOL CHALLENGE

School Name:

TANDEMS:

- There will be an Open Tandem Category
- Each rider must complete a separate entry form



Seaman's

