

SPRING LEAGUE SERIES 2010

STRUCTURE, TERMS & CONDITIONS

The objective of this Spring League Series is to develop and improve Individual Racing tactics among our cyclists to prepare them for the up-coming National Summer Racing Season.

- All Cyclists participating in the Spring League and Schools League events will require a CSA License or Day License.
- Riders must adhere to any CSA Rules regarding restricted gearing.
- Riders only need to register once to receive a Permanent Race Number for the duration of the series.
- Riders will be seeded into Race Groups based on their current 2010 Race Results.
- Riders will move up the Race Groups as they improve their finishing times.
- Riders can pre-register using the Entry Forms on the website.
- Riders must sign in at Race Registration for each event.

Racing Categories

- **Group A & B:** U16 Boys*, Junior Men, U23 Men, Elite Men, Elite Ladies, Vets & Ladies seeded according to their current 2010 Season Results.
(*U16 Boys who participated in the Premier League events during 2010 may participate in this League).
- **Group C:** U16 Boys*, Junior Men, U23 Men, Elite Men, Elite Ladies, Vets & Ladies without a current seeding, or new riders in the League, or riders wishing to start the season more sedately.
(*U16 Boys who participated in the Premier League events during 2010 may participate in this League).
- **Group D:** Schools League Junior Ladies, *U16 Boys, U16 Girls, U14 Boys and Open Cycle Challenge Riders will ride together in this group.
(*U16 Boys who did not participate in the Premier League events during 2010 may participate in this Schools League or apply to be included in the A – C League Groups).
- **Group E:** U14 Girls, U12 Boys, U12 Girls, U10 Boys, U10 Girls and Open Cycle Challenge Riders will ride together in this group.
- These groups may be changed slightly to suit the Race Route and number of riders in a particular event.

Points System

- Group A – C will have a seeding ladder based on the finishing time as a percentage of the overall winning time.
- Riders will move up the groups as their seeding index improves.

- The final overall positions will be determined by their position on the seeding ladder at the end of the series.
- Each Age Category will also have a separate seeding ladder.

Events

- There are 5 Events in this League Series.
- Only some of the Road Disciplines will form part of the League Series.
- Events shall take place on Sunday mornings starting @ 07H00 (except Event #1).
 - **Event #1:** Sunday, 22nd August 2010 08H00
 - **Event #2:** Sunday, 26th September 2010 07H00
 - **Event #3:** Sunday, 17th October 2010 07H00
 - **Event #4:** Sunday, 7th November 2010 07H00
 - **Event #5:** Sunday, 14th November 2010 07H00

Race Numbers

- Each Rider will be allocated a permanent Race Numbers for their use throughout the whole Series.

Regulations

- This Series will be run according to the standard EP Cycling Road Racing Rules.
- Each event will be officiated by EP Cycling Officials.
- All disputes must be submitted to the Race Commissaire at the event and will be dealt with immediately. The Commissaire's decision is final.

Prizes

- A unique Medal will be awarded to the winning rider in each category.
- There will be comprehensive media coverage of the whole series, offering riders the opportunity to get some good exposure for themselves.
- There is no prize money for this series.

Entry Fee

- The Entry Fee for each event is as follows:
 - Spring League – R60
 - Schools League – R40
 - Cycle Challenge – R40
 - Day License – R35 (Spring League & Schools League only).

- Payments can be made at Race Registration or into the account listed below. Fax proof of deposit to 086 649 8485 or email to events@leisurecycletours.com.

Banking Details

Account Name: **Leisure Cycle Tours**
Bank: **Standard Bank**
Branch: **Port Elizabeth**
Branch Number: **050017**
Account Number: **080146880**

Fun Ride Challenge Series

- This event is open to all cyclists and cycling enthusiasts.
- The objective of this event is to encourage people to participate in cycling events in our province.
- Entry fee is R40-00 per event.
- Riders do not require a License to participate in these events.

General

- All Entry Forms, Event Details and Results will appear on the website www.epcycling.co.za and www.leisurecycletours.com.